

EXAMPLE OF A WEEKLY SCHEDULE

	MORNING	AFTERNOON				EVENING
		Choose an adventure for the week				
		AQUA VENTURE	FIT AND FAST	SWISS CULINARY DELIGHTS	ADRENALIN RUSH	DISCOVER SWITZERLAND
SUNDAY	Brunch	Arrival, building tour and optional sports activities				Welcome night
MONDAY	French / English / German	Swimming Pool in Aigle	Sports center in Leysin	First stop, Asia!	Speleology	Salt mines in Bex
TUESDAY	French / English / German	Water park	Adventure park	Alimentarium in Vevey	Rafting / Canyoning	Olympic Museum in Lausanne
WEDNESDAY	French / English / German	Beginner hike	Intermediate hike	Off to Italy	Advanced hike	Talent Show
THURSDAY	French / English / German	Stand-Up Paddle	Lasergame and Funplanet	Back to Switzerland	Dirtscot or Mountainbike	Board games
FRIDAY	French / English / German	Sports Center in Leysin	Sports center in Leysin	Time for dessert!	Via Ferrata or Rock Climbing	Certificate ceremony and disco
SATURDAY	Brunch	Excursion to chocolate factory or Bern				Movie night